

Skin Care & Makeup by Cindy
Consent to Dermaplane and/or Chemical Acid Peel and/or
Microdermabrasion Procedure for Cosmetic Purposes

1. I hereby request and authorize Cindy Martell to treat me for the purpose of attempting to improve my appearance.
2. The effect and nature of the treatment to be given has been explained to me. I acknowledge that the goal of the treatment is to induce improvements in my skin, but individual results may vary.
3. I acknowledge that no guarantee has been given to me as to the number of months/years that I may appear younger following treatment.
4. I acknowledge that no guarantee has been given to me as to the amount of improvement expected following treatment
5. I acknowledge that no guarantee has been given to me as to the painlessness of the procedure.
6. I have been advised to see my physician regarding a preventative anti-viral prescription if I am prone to Herpetic outbreaks (cold sores/fever blisters). I understand that acid treatments and/or dermaplaning may cause a flare-up of the Herpes Simplex virus.
7. I have been advised to avoid or discontinue the following treatments for five (5) days prior to my treatment at this practice:
 - Botox injections
 - Filler injections
 - Retin-A, Renova and all retinotic acid products
 - All alpha and beta hydroxyl acid products
8. I have been advised that a period of three (3) days must elapse before I can resume the use of the following products:
 - Botox injections
 - Filler injections
 - Retin-A, Renova and all retinotic acid products
 - All alpha and beta hydroxyl acid products
9. **I acknowledge that I have not taken Accutane in the past 12 months.** I further agree not to take Accutane during my treatment program at this practice and for six (6) months after ending my treatment at this practice.
10. I understand that I must apply a hypoallergenic, hydrating, antioxidant topical preparation to encourage epidermal regeneration for at least seven (7) days post procedure.
11. I have been advised that a broad- spectrum sunscreen must be used from the date of my first treatment and continued daily thereafter. I agree to apply a broad-spectrum sunscreen daily _____ (initial)
12. The following conditions (including, but not limited to) listed below are **not treatable** with dermaplaning and/or acid peeling solutions: impetigo, inflamed eczema, herpes simplex, severely distended capillaries, dermatitis, questionable lesions and sunburn.
13. Possible **side effects** from treatment are: local swelling, stinging, tenderness, flaking, peeling, lightening or darkening of the skin and/or mild to moderate redness. It is possible that one or more of these side effects may last for two (2) to seven (7) days post procedure. However, must subside within 24 hours.
14. I certify that all information to Cindy Martell is true and accurate. I agree to follow the protocol outlined above. I agree to hold harmless Cindy Martell for adverse reactions due to omitted information and/or misinformation on the Patient Health Information Questionnaire and/or from actions, which deviate from pre and post care procedures.

Signature

Date

Signature of Parent or Guardian if client is under 18 years of age

Date